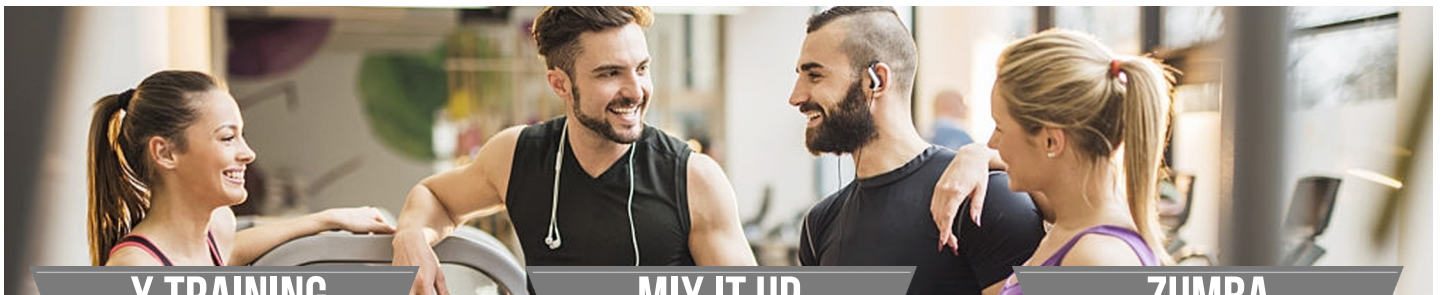




# COMMUNITY *Classes*

## FITNESS SAMPLER SERIES

**BODY RENEW INTRODUCES OUR “FITNESS SAMPLER SERIES”  
NEED SOMETHING TO SWITCH UP YOUR CURRENT ROUTINE? INTERESTED IN TRYING A NEW FITNESS CLASS?  
BRING A FRIEND! SEE WHAT OUR BODY RENEW CLASSES AND INSTRUCTORS ARE ALL ABOUT.**



### X TRAINING

**8:00 AM MON 4/9**  
INSTR. JIMMY - SOUTH

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**8:00 AM FRI 4/23**  
INSTR. JIMMY - SOUTH

### MIX IT UP

**9:30 AM TUES 4/10**  
INSTR. MATT - SOUTH

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**9:30 AM THURS 4/26**  
INSTR. MATT - SOUTH

### ZUMBA

**6:30 PM TUES 4/16**  
INSTR. JULZ - SOUTH

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**1:00 PM SUN 4/29**  
INSTR. JULZ - SOUTH

**VISIT [BODYRENEWALASKA.COM](http://BODYRENEWALASKA.COM) FOR MORE INFORMATION AND CLASS SCHEDULES**